



**THE EARLY DANCE CONSORT**

**2023**

*Back to baroque*

**Summer**

**Course**

**in**

**Early Dance**

**4 - 6 January**

**North Sydney**



**THE EARLY DANCE CONSORT**

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**[WWW.EARLYDANCECONSORT.COM.AU](http://WWW.EARLYDANCECONSORT.COM.AU)**

## 2023 Summer Course

### Wednesday - Friday

### 4 - 6 January

**Welcome** to “*Back to Baroque*” for 2023, our 13th Summer Course. Last year’s course focus on *baroque dance* proved popular with students with dance & musical backgrounds—technically challenging & musically rewarding. Building steps & dance sequences over three days helps to smooth the learning curve for newcomers while giving experienced students an opportunity to refine technique & work on arm movements.

*Baroque dance*, or *La belle danse*, is both graceful and disciplined, being the precursor to classical ballet. This period from late 17<sup>th</sup> to early 18<sup>th</sup> Century is unique in European dance history in leaving us detailed notation of the music, steps & figures of many dances for the stage & court ballroom.

The course presents an opportunity to explore & develop a practical understanding of this dance repertoire, & to feel its precise rhythms & accents through physical practice.

As we don’t know just what COVID-19 has in store for us, *Baroque dance* lends itself to such health requirements as distancing. Most choreographies are for couples, with little or no physical contact, or solos (dances of earlier eras often need sets or ensembles).

**Venue** 181 Blues Point Road, North Sydney. From North Sydney Train/Bus Station: turn left on Blue Street, 1st left into Blues Point Road. Short walk south down hill to Hall on left-hand-side just before Lavender Street.

## Course details

**Morning A sessions** will introduce the basics of Baroque dance style: the deportment & characteristic movements which distinguish it from other styles, exploring a range of steps & their precise relationship to the musically pervasive baroque rhythms from Bourrée & Gavotte to Minuet, Sarabande & Gigue.

**Morning B sessions** will focus on dance sequences, developing steps & figures, building towards one or more dances.

**Afternoon C sessions** will extend **B** to more complex steps, subtleties of hand & arm movements, to further an appreciation of the precision and delicacy of the *Belle Danse*. Plus exploration of the dance notation known as *chorégraphie*, which is key to discovering the treasures of this unique dance repertoire.

- \* For greatest benefit, we recommend beginning on Wednesday, & choosing between:-
- \* full course (9 sessions over the 3 days) or
- \* Wednesday only (3 sessions) or
- \* Consecutive A, or A + B from Wednesday

**What to wear** Light comfortable clothes, and secure shoes without rubber soles. Flat, light shoes for warm-ups (e.g. ballet flats, jiffies). Low-heeled shoes (1-4cm) for Baroque dance (e.g. Grecian sandals, or Jazz shoes for both)

**To eat & drink** Light refreshments will be provided for morning tea. Bring water to drink, pack/buy lunch if staying for the day.

**COVID-19** The course will run subject to NSW Health guidelines. For the safety of all, we urge you to be fully vaccinated & boosted, stay home & get a test if unwell, maintain distancing & hand hygiene, & wear a mask when possible.

## Enrolment

Please complete enrolment form, & return by email/post. Preferred payment is by direct deposit (bank details on enrolment form). Otherwise cheque or exact cash in envelope. Early-bird rates available until December 19. Do get in touch by phone or email if you have any questions, or go to ~

[www.earlydanceconsort.com.au](http://www.earlydanceconsort.com.au)

### DAILY SCHEDULE 4 - 6 January, 2023

9.00 am	Register/Warm-up
9.15am-11.00am	A sessions
11.00am-11.15am	Morning Tea
11.15am-1.00pm	B sessions
1.00pm-2.00pm	LUNCH (BYO)
2.00pm-3.45pm	C sessions

COURSE FEES	Early-bird*	Full Price
Full Course (3 days, 9 sessions)	<b>\$215.00</b>	<b>\$240.00</b>
One Day* A + B + C *Wednesday only	<b>\$95.00</b>	<b>\$100.00</b>
Mornings A sessions (3 sessions over 3 days)	<b>\$90.00</b>	<b>\$95.00</b>
Mornings A + B daily (6 sessions over 3 days)	<b>\$165.00</b>	<b>\$180.00</b>
Single session A, or A+B each (Wednesday only)	<b>\$35.00</b>	<b>\$40.00</b>
<b>* Early-bird rates up to 19 December 2022</b>		